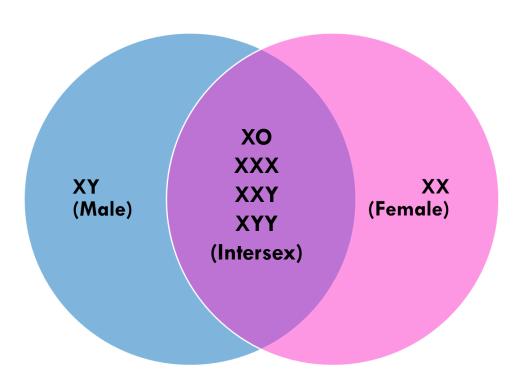


# GENDER IN THE WORKPLACE: PUTTING POLICY INTO PRACTICE



Fond du Lac Pride Alliance

## SEX VS. GENDER



### **Biological Factors**

Genitals + Chromosomes + Hormones

### Assigned Sex at Birth

- Visual Inspection of External Genitals
- A Label/Check Box on a Form

#### Intersex

- Born With Sex Characteristics Outside M/F Binary
- Wide Range of Natural Variation
- Intersex =/= Transgender

## WHAT IS GENDER?

Gender Identity

A deep-seated, internal sense of self

Can be male, female, both, between, or other

Gender Expression

Individual characteristics/behavior that may present or communicate gender (E.g. appearance, dress, mannerisms, speech patterns, social interactions)

Gender Roles

Societal expectations about how a person should think, feel, speak, dress, behave, and interact based on their assigned biological sex.

Nonbinary

Having a gender identity that is not exclusively aligned with either male or female concepts.

Gender Non-Conforming

An individual whose behavior, characteristics, and/or expression does not conform to current societal expectations of their gender.

## CISGENDER/TRANSGENDER

Cis-

- "On this, or the near, side of"
- Cisgender: Assigned Sex and Gender are Congruent or Matched

Trans-

- "Across from, or on the other side of"
- Transgender: Assigned Sex and Gender are Incongruent or Different

**Transition** 

- Social = Name, Pronouns, Gender Expression
- Medical = Changes to the Physical Body

## GENDER DYSPHORIA

### What is it?

• Distress and Discomfort Due to Mismatch Between Gender and Assigned Sex

### Three Potential Types

• Physical, Psychological, Social

### Dysphoria is a Mental Health Condition

- Not All Transgender People Have Dysphoria
- Neither Dysphoria Nor Medical Transition is a Valid Requirement/Expectation

### Being Transgender Is Not A Mental Illness

## TRANSGENDER POPULATION STATISTICS

U.S.

- 0.58%
- 1,397,150

Wisconsin

- 0.43%
- 19,150

Dodge County

- 0.43%\*
- 378

City of Beaver Dam

- 0.43%\*
- 70

Perspective: The Global Population of Natural Redheads is 1-2%

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Fond du Lac County

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- 443

City of Fond du Lac

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- 185

Perspective: The Global Population of Natural Redheads is 1-2%

### WISCONSIN STATE LAWS AND POLICIES

### **Employment**

Sexual Orientation Discrimination Protections ONLY

### Gender Marker Changes on ID Documents

- Birth Certificate: Requires Gender Confirmation Surgery Documentation
- Driver's License: Requires Physician Affidavit of Surgical Procedure or Court Order

### Hate/Bias Crimes

Sexual Orientation Discrimination Protections ONLY

## WISCONSIN STATE LAWS AND POLICIES

### Housing

Sexual Orientation Discrimination Protections ONLY

### **Public Accommodations**

Sexual Orientation Discrimination Protections ONLY

# Transgender Health Care Coverage: Gender Confirmation & Hormone Therapy

- State Employees: 1/1/2019
- Medicaid: August 2019





Making Authentic Lives Possible

Policy Excerpts and Recommendations

## MODEL EMPLOYMENT POLICY

# Privacy and Confidentiality

- Assigned Sex, Birth
   Name
- Gender Status, Medical Information

#### **Official Records**

- Name Tags, Email Addresses, Photo ID, Company Directories
- Payroll, Tax, and Retirement Records

## Names and Pronouns

- Emails,
   Correspondence,
   Forms, Introductions
- Volunteer Yours, Ask Theirs, Use Consistently

# Sex-Segregated Job Assignments

 Use Employee's Gender, Not Assigned Sex at Birth

## MODEL EMPLOYMENT POLICY

#### **Health Insurance**

Choose Contracts
 That Include
 Coverage for
 Transition-Related
 Care

#### Discrimination/ Harassment

- Failure to Hire or Promote, Unlawful Termination
- Anti-Retaliation

#### **Locker Rooms**

- Usage Based on Gender Identity, Not Assigned Sex at Birth
- Reasonable
   Alternative
   Arrangements for
   Increased Privacy

#### Restrooms

- Usage Based on Gender Identity, Not Assigned Sex at Birth
- Offer, Don't
   Require Single-Stall

   Restroom for
   Increased Privacy

## DRESS CODES











## DRESS CODES











### HR SUPPORT FOR TRANSITIONING EMPLOYEES: DO

Let the employee set the timetable.

Respect the transgender worker's privacy.

Select a point person who will listen to & assist the transitioning worker.

Let the employee decide how to tell coworkers.

Be vigilant against subtle forms of harassment, exclusion, or other hostile treatment.

## HR SUPPORT FOR TRANSITIONING EMPLOYEES: DON'T

Ask personal questions about medical or surgical history.

Provide
unsolicited
"advice" on
grooming,
dress,
mannerisms,
or other forms
of gender
expression.

"Out"
transgender
colleagues or
assume
everyone is
aware of a
coworker's
transgender
status.

Ask what someone's "real" name is.

Evaluate a transgender person by how successfully they conform to idealized gender standards.

## REFRAMING THE CONVERSATION

ALLY IS A VERB

PC = PERSONALLY CONSIDERATE



### HOW TO "VERB" YOUR EVERYDAY ALLYSHIP: MORE OF THIS!

Pronouns and Names

- Emails, Correspondence, Forms, Introductions
- Volunteer Yours, Ask Theirs, Use Consistently

Less Gender Roles, More Sushi/Cinnamon Rolls

- Inclusive Forms of Group Address, Family Relationships, Terms, Events
- Hobbies & Interests are Gender-Neutral

Be Willing to Stick Your Neck Out

- Counter "Jokes," Generalizations, Inappropriate Behavior Yourself
- Anticipate and Address Pushback

Turn Policy Into Culture

- LGBTQ+ Diversity is a Feature, Not a Bug
- Inclusion and Equity is an Organizational Responsibility

### HOW TO "VERB" YOUR EVERYDAY ALLYSHIP: LESS OF THAT

"Lifestyle" and "Preference"

- "This is about far greater things than plumbing and gymnastics"
- "Do you have to flaunt it?"

Don't Ask What You Wouldn't Want to Tell

- Google is a Free Service
- "Outing" is a Breach of Trust and Potentially Dangerous

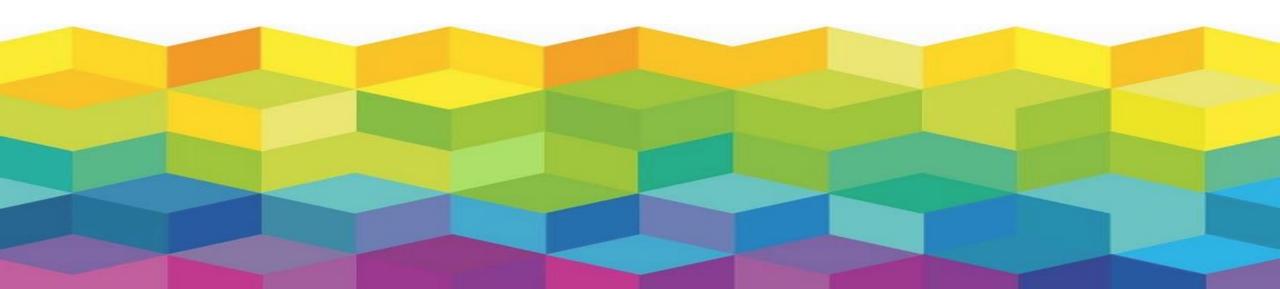
Avoid Assumptions & Generalizations

- Appearance, Behavior, Interests, Roles, or Relationships Aren't Evidence
- One Does Not Represent the Whole

Don't Do it For The Applause

- "But I Have Queer/Trans Friends, Family, Staff, Coworkers, Peers"
- "Rare Pokemon" Status Symbols

- Growing Pains Can Be Uncomfortable
- Inclusive Language, Practices, and Spaces Benefit <u>Everyone</u>



## FURTHER RESOURCES

FDL Pride Alliance

www.fdlpride.org

WI Transgender Health
Directory

www.witranshealth.org

Transgender Law Center

www.transgenderlawcenter.org

National Center for Transgender Equality

www.transequality.org

Human Rights Council

www.hrc.org